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Peer Support

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***Visit us online a
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A Guide
to Psychology
Advancement

Montana's
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Additional guide

www.mtpea.org

**a's Peer Network
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NOTES:

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[com](#)

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[psychiatric-advance-are](#)

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When should I make an

The best time to make a before you need one. In other words, before you become too sick to make your own decisions about what medical care and support would want.



How will anyone know

If you have any type of a health care/recovery team they have it in their records people close to you that kept. Give copies of your proxy or agent, family member would be contacted if you can also include information your phone's emergency help emergency response for you in a crisis.

Really follow my

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Where do I register my

Visit <https://app.mt.gov/>
APD. Once received the
card.

I travel out of state is states too?

That depends on the sta
supporting Advance Ps
only valid in Montana. C
to reciprocate and acce
but it would not be lega
that states laws also. D
it is important to remem
this is a tool to provide
psychiatric care to you
become incapacitated.
your instructions and pr
valuable insight to those
not know you.

Another consideration v
traveling in state or out,
your APD known and or
MPN sells keychain US
that can be loaded with

How can I promote it?

To support those you
APD can include
write and review an
opportunity to discuss
choice and choice in
can seem
take it slow. Try a
use resistance then
once completed it can be

What suggestions do you have when it comes to

Mental Health Technology
[https://mhttcnetwork.org/
product/advance-](https://mhttcnetwork.org/product/advance-)
has created an
the implementation
psychiatric directives
you find helpful.

team is clear about what
to support your wishes. To
sure that your wishes are
health care standards.

Can I write my own APD?

Yes. Title 53, Chapter 21
Montana statute allows you
for your mental health care
other medical treatment
indirectly affect your mental
care. An APD is used during
which you have been deemed
your healthcare provider
withhold consent to medical
document also allows you to
make mental health care
your behalf.

Can I write advance instructions for psychiatric medication and hospitalization?

Yes. You can make choices
and hospitalization, including

of mental health care
al, behavioral, and
ay also include but are
criptions of situations
al health crisis,
at may indicate you
ons to apply or avoid
ay deescalate or
on who should or
owed to visit if you are
lity, and instructions
ocability.

How do I make mental health me incompetent?

at the appointment by
t agent's signature
sed or notarized and
e will not affect the
agent may resign
ou written notice or if
giving the supervising
notice. Your directive
e alternate agents.

What are some of the an APD?

- Name the person(s) who will make health decisions for you and who will make decisions for you if you are unable to make decisions for yourself.
- List other people who should not be consulted for decisions on your behalf.
- If a medical guardian is appointed, you can ask the court to appoint someone you have chosen.
- Identify the hospital or facility you prefer if you need inpatient care and the facility/facilities you do not want to go to.
- List medications or treatments that have worked well for you in the past.
- List medications or treatments you do not want to receive.
- Give more specific instructions and preferences if emergency treatment is necessary.
- Outline your preferences regarding the use of electro-convulsive therapy (ECT).

Montana law, they must
or not
in advance
ative may
mental
medical



Remain valid?

An advance directive is valid
if it has an expiration date
and you choose to revoke
your advance directive
which you have been
will remain valid until
repealed. You may revoke
it at any time
if you are determined incapacitated
by stating that it may not
be valid for a specified amount of
time or incapacity. Unless your
instructions stating
prior directives.

Does anyone have to follow my instructions at the time of my death?

No. However, you must
document containing your
instructions must be signed and dated
in your direction and in your presence.

If I become incompetent, can you make decisions for me about my hospitalization?

Yes. If you are
determined to be
incompetent and unable
to give or withhold
consent to medical
treatment involving medical
hospitalization, your agent
can make those decisions for you.
If you determine that you
want your agent to make such decisions
during a period of time in which you
are determined to be incapacitated,
a health care provider must follow
your agent's instructions under

make decisions as he/
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or does he/she have
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health care decisions
written instructions or
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in good faith, must
in your known wishes
out how you would
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agent. An agreement be
providers, one of whom
supervising health care
whom must be a psychia
may be required to trigg

Does the statute say a
mental health provider
my APD?

Yes. Your mental health
decline to follow your ad
those of your agent, if th
not reasonably available
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or health, or if complian
conflict with the accepte
applicable law, or a cour
directive has no legal ef
during a period of involu
inpatient commitment or
a period in which you ar
subject to a court order.
Furthermore, if you exec
another type of advance