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Montana's Peer Network

Here it Comes!

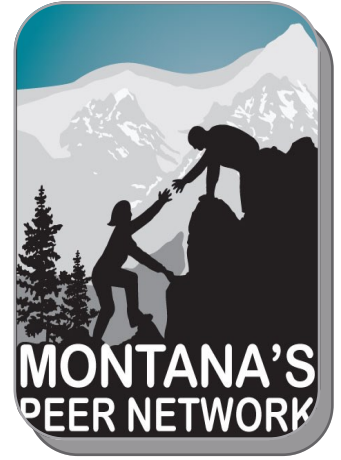
Recovery in Big Sky Country Conference is a month away. Will you be there? Saturday September 19, Red Lion Colonial Inn, Helena. (2301 Colonial Drive) Registration begins at 9am. Conference runs from

10-5:45pm.

The road to recovery can be long, it can be challenging, it can be lonely. This is our chance to come together and celebrate our recovery.

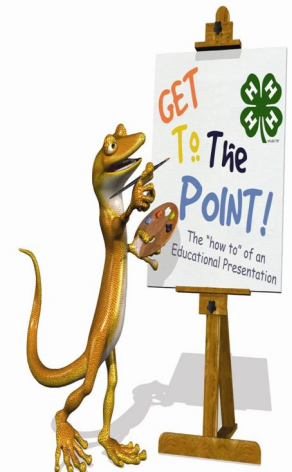


We have a great lineup of workshops throughout the day. A luncheon (feed them they will come), a key note speaker, awards ceremony, give aways and more! Oh and MPN members get in **FREE!!!!!!!!!!!!!!!!!!!!!!**



Workshop Lineup!

- Peers as Professionals
- Healthy Minds Healthy Bodies: a peer approach
- Board of Visitors and Ombudsman
- Recovery International
- Building a stable support system
- Recovery Talks
- Peer Recovery Coach Pilot Project Outcomes
- Jumpstart Your Wellness
- Organizational Readiness for Recovery Services
- Expressive Healing
- Meet and Greet with the MPN Board of Directors
- ACE's
- and more!



<http://www.hearingvoicesusa.org/>

Montana's Peer Network

For a number of years now MPN has been looking at the possibility of hosting a Recovery Conference. A day of celebration. A time to come together a place to feel good about our journey. There are a number of exciting recovery based opportunities and programs happening in Montana. September 19, 2015 is the day we are making that happen. We hope you will join us in celebrating "Recovery in Big Sky Country"

VA Montana is looking for veteran peer supporters in Great Falls and Billings

Visit www.usajobs.gov

**MPN has a new
You Tube channel**

- [watch here](#)

Red Lion Colonial Inn, Helena
Registration starts at 9am
Conference starts at 10am

[SAMHSA NEWS online](#)

**Peer Support 101 Training
Montana State Hospital
August 24-28
This is a level II 40 hour
peer support training**

Board Member Gary Travis handing out information at the VA Stand Down in Helena. Way to go Gary!



We welcome submissions to our newsletter contact. Deadline is the 10th of month.

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OCT 14th - 18th
ALTERNATIVES
CONFERENCE 2015 MEMPHIS, TN

Q & A with the Executive Director, Jim Hajny

Q: I have heard you present a few times and I have heard you use terms like, “recovery is possible or “change the dialogue”. What do you mean when you say recovery is possible?

A: *Just that. Recovery is possible. Not just for a few people. For anyone who wants it. Yes it takes a lot of hard work but its there for the taking.*

Q: So what do you mean when you say changing the dialogue?

A: *Well, for far too long the dialogue, the language has been about “whats wrong with people.” The time has come to begin to celebrate “whats good” celebrate the success.*

Q: The success of recovery?

A: *Yes! We have members that are doing incredible things with their lives. But the system still see’s them as sick.*

Q: What kinds of things do you see them doing?

A: *Going back to work, having relationships, striving to get better, building new lives, taking chances. Changing for the good.*

Q: Why do you think the system is resistant to see people as they are?

A: *There are lots of reasons. Most professionals are burned out, over worked, paid next to nothing and lack stress relief.*

Q: Stress relief?

A: *Your therapist is human too. They have to have their own well-ness plan in order to stay healthy. Or they burn out.*

Q: Thank you Jim.

